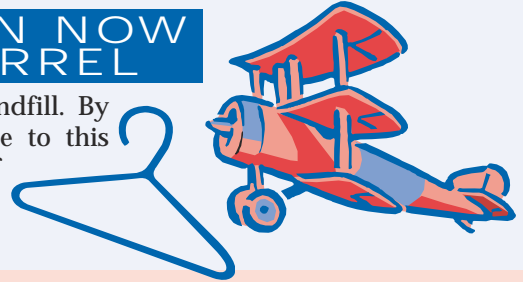


RECYCLE NEWS

2008 WINTER EDITION HAPPY NEW YEAR

PLASTIC HANGERS AND TOYS CAN NOW BE PLACED IN YOUR RECYCLE BARREL

CR&R is committed to diverting as many recyclables as possible from the landfill. By adding items to the list of items that we can recycle, CR&R is staying true to this commitment. We are proud to add Plastic Hangers and Plastic Toys to the list of items that can be placed in your recycle barrel.



SHARPS DISPOSAL

Beginning September 1, 2008 all home generated needles are banned from landfills and must be kept out of your trash cans. Sharps include items such as syringes, needles, lancets, broken glass with blood on it, and scalpels. These items are hazardous so it is imperative that they are kept from the landfill to protect the health of our community.

Ways to Safely Dispose of Sharps

There are many ways to safely dispose of sharps. A private, confidential and convenient way to safely dispose of sharps is through a variety mail-back programs. The following is a list of programs approved by the California Department of Public Health:



- | | | | |
|--|---|--|---|
| • EnviroMed Safety and Compliance
(877) 340-2430
www.enviromedinc.com | • GRP & Associates
(800) 207-0976
www.sharpsdisposal.com | • Sharps Compliance, Inc.
(800) 772-5657
www.sharpsinc.com | • Stericycle, Inc.
(800) 355-8733
www.stericycle.com |
|--|---|--|---|

SAY NO TO JUNK MAIL!

Junk mail is not only a nuisance to you and your mailbox, it is harmful for the environment. Each year, more than 4 million tons (62 billion pieces) of junk mail is produced. To produce this mail, 100 million trees and 28 billion gallons of water are used. It is estimated that the average household receives 100 pounds of junk mail a year which is equal to about 1.5 trees. When you do receive junk mail, remember to place it in your recycle barrel to keep it out of the landfill.

Remove Yourself From Junk Mail Lists

By removing your name from these frustrating mailing lists, you can help to ease the burden on the environment as well as to decrease the burden on your mailbox. Write a letter asking to be placed in their removal file and taken off of any telemarketing lists (don't forget to include your phone number). If you are writing from an address that receives junk mail to previous residents and/or other family members make sure to say "please cover all other addresses at this address" in your letter. Write to the following companies to have your name removed from junk mail lists.

Advo Incorporated
Delivery Services
1001 W. Walnut Street
Compton, CA

infoUSA, Inc.
5711 S. 86th Circle
Omaha, NE 68127-0347

Experian Consumer Services
List Maintenance
901 West Bond
Lincoln, NE 68521

Direct Marketing Association
Attn: Customer Service Opt Out
1120 Avenue of the Americas
New York, NY 10036-6700

Action Corporation
Opt-Outs
P.O. Box 2000
Conway, AR 72033-2000

Trans Union LLC
Name Removal Option
P.O. Box 97328
Jackson, MS 39288-7328

LEXIS-NEXIS
9393 Springboro Pike
P.O. Box 933
Dayton, OH 45401



CITY HALL COLLECTION CENTERS

In an effort to support residential recycling, the Cities of Aliso Viejo, Dana Point, Rancho Santa Margarita, San Juan Capistrano and San Clemente provide collection sites for household batteries, inkjet and toner cartridges, and small electronics. Small electronics include cellular and portable telephones, pagers, PDA's, MP3 players, chargers, laptops, and any other devices that are designed to operate on battery power. Please drop these off at your City Hall instead of throwing them into the trash. For more information, please contact your City Hall.

IMPORTANT WEB SITES

www.crrwasteservices.com

www.ci.aliso-viejo.ca.us

www.danapoint.org

www.ci.laguna-hills.ca.us

www.ci.laguna-niguel.ca.us

www.cityofrsm.org

www.ci.san-clemente.ca.us

www.sanjuancapistrano.org

www.conservation.ca.gov

GREEN BUILDING PART 1: THE BASICS

"I wonder what they plan to build on that empty land over there?" What do you think they are going to do with that old strip mall they are tearing down?" South County Residents ask these questions on a daily basis. New housing developments and commercial buildings are constantly being developed in our oasis of South Orange County. These developments, although necessary for the property of our region, can come at the expense of our resources. It is estimated that buildings account for one-sixth of the world's fresh water withdrawals, one-quarter of its wood harvest, and two-fifths of its material and energy flows (Roodman and Lenssen, 1995). Everybody wants to live in paradise and we need structures that can handle our increasing population while minimizing the effects on the environment and our resources.

A solution to these opposing factors has been the practice of "green building". Building "green" provides the opportunity to use resources more efficiently while creating healthier building that improve our human health. These practices also build a better environment and provide various cost saving opportunities.

A green building, or sustainable building, is a structure that is designed, built, renovated, operated, or reused in an ecological and resource-efficient manner. The goal of green building designers is to design a building that will meet certain objectives. These objectives involve protecting human health, improving employee efficiency, using energy, water and other resources more efficiently, and reducing the overall impact to the environment.

Keep an eye out for next quarter's Recycle News where, in part 2 of our green building series, we will go over how designers meet green building objectives.

**Did you know
CR&R recycles
all recyclable
materials placed
in clean-up bins?**

